

Supports heart health, cellular health and energy production*



Should you take Ubiquinone or Ubiquinol?

Conventional CoQ10 supplements, also known as “ubiquinone,” must be reduced to its active metabolite “ubiquinol” in order to be utilized by the body. Ubiquinol supplementation is important for individuals who may have difficulty with the natural conversion of CoQ10 to Ubiquinol — especially adults over 40 years old or those suffering from oxidative stress. For adults under 40, Ubiquinone (CoQ10) will continue to be an important supplement for those looking for heart health support.*

What are the benefits of taking Ubiquinol? Ubiquinol is one of the strongest lipid-soluble antioxidants available. Ubiquinol enhances your defense against oxidative damage to the cells in your body including lipids, proteins and DNA. It also plays an essential role in cellular ATP (energy) production.*

Where is Ubiquinol made? Unlike CoQ10, which is primarily manufactured in China, Healthy Origins® Ubiquinol is encapsulated in the USA using only Kaneka Ubiquinol™ produced in Pasadena, TX.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.